

ROBERT SCHUMANN:

MUSIC FOR VIOLIN AND PIANO

Robert Schumann was not a man for half-measures. Although he com- depression, the predominant view is posed continuously from his midteens onwards, his output is char- scholars disagree, arguing for (for exacterised by a number of what one ample) schizophrenia or syphilis as might call generic waves, where he the origins of his mental problems, threw himself into the composition of but the surges of euphoric energy particular kinds of music. Thus from that can be heard in his music suggest 1833 until 1839 he concentrated on that some kind of mania may have piano music (his Opp. 1-23 are all for been behind them. Perhaps, indeed, if piano), moving on to the Liederjahr of Schumann had the less extreme bipo-1840, when he wrote mostly songs; in lar II and so had 'hypomanic' phases 1841 he switched to orchestral music rather than the more severe manic and in 1842 to chamber music; 1843 phases of bipolar I, his concentration was his oratorio year. In 1845 his focus on specific types of music may have was on works with a contrapuntal ba- been an unconscious attempt by his sis, and in 1847-48 he produced music rational mind to channel and direct for the stage, devoting his efforts in the irrational impulses caused by his 1849-50 to music for domestic per- condition. formance. The last of these 'waves' came in 1852, which he dedicated to What all this has to do with church music; thereafter illness closed Schumann's music for violin and piano

in, and composition became first difficult, and then impossible.

Much musicological and medical ink has been spilt on why he might have composed in this way. Given that he also suffered from frequent bouts of that he may have been bipolar. Some

may not be immediately obvious, but it: he confessed he was 'very angry it has a direct bearing on the nature with certain people' when he wrote of the music itself. Schumann's best- it; perhaps that's why 'I did not like string quartets of Op. 41, the Piano so I wrote a second one, which I hope music year' of 1842, and although gun in the last days of October 1851 they are written for small forces, the and finished on 2 November. These one requiring public expression, Most 1853 respectively.1 of his music for violin and piano, by contrast, was written from 1849 on- For all that Schumann seems to have less to the fore.

known chamber works - the three the first Sonata for Violin and Piano; Quintet, Op. 44, and Piano Quartet, has turned out better'. That was the Op. 47 - all date from the 'chamber- Sonata No. 2, in D minor, Op. 121, bemusical ideas are on a grand scale, two works were published in 1852 and

wards, when he wrote a good deal of been an impulsive composer, it was Hausmusik; the heroic qualities of his an external stimulus that generated 1842 chamber compositions are far the creation of these two works. One of his closest friends was the Hamburg-born violinist and composer Schumann wrote three sonatas for Ferdinand David (1810-73) - close violin and piano. No. 1, in A minor, enough to lend him money and tes-Op. 105, was composed in less than tify on his behalf in court. And in turn a week, between 12 and 16 Septem- Schumann trusted him enough to alber 1851. But he wasn't happy with low him to play through his chamber

^{1.} The Sonata generally known as No. 3 wasn't published in Schumann's lifetime: in 1853 he wrote two movements for the 'FAE Sonata', a composite work written with his student Albert Dietrich and the young Johannes Brahms based on 'Frei aber einsam' ('Free but alone'), the motto of the violinist Joseph Joachim. Schumann then added two movements to complete the Sonata but his mental breakdown soon followed, and so the Sonata No. 3 lost its place in posterity's view of Schumann's output; it made it into print only in 1956.

music in private before it was exposed sonata, like Beethoven's and many who could do it better than you."

It may be as a result of their more divisions and larger spans, so that it Schumann violin sonatas published the argument has evolved. And for during his lifetime, Opp. 105 and 121, all that the tempo indication requires have never achieved the popularity 'passionate expression', it is not the of Beethoven's ten or Brahms' three, kind of passion that works up to and perhaps because the violin part chez dispels itself in a climax; instead, it is Schumann is often low in the register, more a case of sustained intensity. in viola territory, darker, less brilliant, than with the other two composers, Op. 105 is the only one of Schumann's and it gives both works a more inti- major chamber works not to observe mate character. The first movement the standard four-movement forof Op. 105, marked 'Mit leidenschaftli- mat; it compensates by rolling slow chem Ausdruck' ('With passionate movement and scherzo together in expression'), is cast in exactly such a a central Allegretto; formally, it is a confessional manner, almost as if the rondo with two episodes. In its iniviolin were confiding in the piano. It's tial hesitations the F major opening

in public. On 1 January 1850, David others at the time, was published as wrote to Schumann: 'Your Fantasy a 'sonata for piano and violin': it is the Pieces for Clarinet and Piano [Op. piano which dominates. Schumann al-73] please me so much; why don't ways had a fondness for canon, and you compose anything for violin and much of this movement, in a compact piano? It so much lacks something sonata form, is canonically propelled, proper, new and I don't know anyone but he builds this structure from an elaborate network of overlapping rhythms, which disguise both barprivate character that the two is often difficult to work out how far

worth bearing in mind, too, that this theme recalls the elusive qualities of

Schumann's early piano pieces be- ing of the Sonata almost lost in the fore it broadens out into a beautiful torrent as the moto perpetuo pushes but understated melody; the second on, unstoppable. episode, a wistful F minor tune, seems ther developed.

briefly to put time on hold before the Whatever it was that Schumann didn't opening material resumes and is fur- like about the A minor Sonata (and it's worth noting that musicians have not shared his opinion), he certainly took The finale, back in A minor, perpetupains to make the D minor Sonata, Op. ates the emotional ambiguity of the 121, rather different. The opening chordearlier movements and retains its al flourish - tracing the notes D-A-F-D conversational manner, even if the in homage to Ferdinand David - makes discussion is rather testy at times. far more of a public statement than Opening with an astringent moto per- anything in the earlier work, although petuo theme canonically presented, its rhetorical grandeur soon cedes the almost in the manner of a Bach two- floor to more intimate expression bepart invention, it pursues its jagged fore the launch, 'Lebhaft' ('Lively'), of path through exposition and develop- the main body of the movement, which ment until eventually the stormclouds is cast in sonata form. The first subject part to reveal, it seems, the sunlit is derived from the introduction and uplands of E major. But the respite retains its passionate eloquence; the is very brief: the jagged semiquavers second subject is broader but reduces of the opening of the movement re- the temperature by only a few degrees, turn to drive the music on. Another and not for very long. Both subjects, breakthrough, into A major, is likewise joined by a syncopated descending dragged off in the onward motion of figure, are then treated to an extended the semiguavers, with a brief, unem- development; indeed, at fourteen or so phatic recollection of the very open- minutes in performance, the first movement of Op. 121 is almost as long as the seph Joachim, and Schumann's wife, entire A minor Sonata.

fourth.

Although the D minor Sonata was dedicated to Ferdinand David, the The Fünf Stücke im Volkston ('Five first performance was given by his Pieces in Folk Style'), Op. 102, date most gifted student, the young Jo- from 1849 - they were written in three

Clara, playing from the publisher's proofs. Afterwards Joachim wrote to The two central movements are very a musician friend: 'I consider it one of different in character but are themati- the finest compositions of our times cally linked. The scherzo, cast in a driv- in respect of its marvellous unity of ing 6/8 from which Brahms learned feeling and its thematic significance. much, reaches its climax with the It overflows with noble passion, alchorale 'Gelobt seist Du, Jesu Christ' most harsh and bitter in its expres-('Praised be thou, Jesus Christ'). The sion, and the last movement reminds slow movement takes the form of a me of the sea with its glorious waves theme and four variations, interwo- of sound'. It might even have been ven with a number of brief episodes. the appearance of the score that The theme, marked 'Leise. Einfach' suggested that idea to him: the fi-('Gently. Simple'), is derived from the nale opens with fierce rising figures chorale, but it is given out in pizzicato in both instruments that look like chords, as if strummed on a guitar, a storm at sea. The second subject transforming Lutheran certainty into brings more contrast than in the first one of Schumann's most touching in- movement, but again it hardly lightspirations. The third variation alludes ens the intensity of the argument. The to the scherzo, as does the coda that coda, in which Schumann passes his follows the dream-like waltz in the themes in review, does break into the tonic major, but even that fails to dispel the clouds.

days in mid-April, as part of a series of shorter duo works composed that year, beginning with the Fantasiestücke for clarinet (or violin or cello). Op. 73, and the Adagio and Allegro for horn (or violin or cello), Op. 70, both in February; the *Drei Romancen* for oboe (or violin or clarinet) and piano, Op. 94, followed in December. The alternative instrumentation indicates that Schumann was deliberately aiming at a wide audience, one of capable amateur musicians (though that hasn't stopped them being recital favourites of professional musicians ever since). And that also explains the sunny disposition of the music: the conflict and intensity of the Sonatas are not entirely absent but they are generally kept in check. The first of the Fünf Stücke im Volkston - which can be played on cello as well as violin - is headed 'Vanitas vanitatum' ('Vanity of Vanities'), but that imposing title is undermined by the instruction: 'Mit Humor'. Is Schumann sending up a pompous friend? Or is he referring to a Goethe poem, 'Vanitas! vanitatum

vanitas!', in which a one-legged soldier decides to drown his sorrows in drink? No. 2 is a simple lullaby of sorts, in a comforting F major. No. 3 may be simple in construction and texture, but its plangent melody line, supported by clipped chords in the piano, suggests that some deeper tragedy informs the lyrical surface - an instinct reinforced by the end, where the music just stops, as if it might be too painful to continue. The swirling, buoyant fourth piece brings an emphatic contrast, but there's a hint of worry in the central section, and the disquiet returns in the closing bars. In this company the last of the pieces comes as a surprise: its central section is capricious, informed by spiky humour, but the outer panels have the drive and determination of a sonata finale, and the end is startlingly abrupt.

Martin Anderson



ARVID ENGEGÅRD

VIOLIN

Arvid Engegård was born in Bodø, Norway, in 1963. At age eleven he led his first string quartet in concerts throughout Norway. After receiving a degree in violin from Trondheim Conservatory of Music at age sixteen, he continued his studies at Eastman School of Music in Rochester, New York. He later studied with Sándor Végh in Salzburg, Austria, and was invited to lead Camerata Academica, a position he held for eight years.

In 1991 Engegård was asked to lead the Orlando Quartet in Amsterdam. As violinist and chamber musician, Engegård has performed at many of Europe's most prestigious festivals, including the Lockenhaus Chamber Music Festival, the Salzburg Festival, Musiktage Mondsee, and the Mozarteum Foundation's Mozart Week.

Engegård's career as conductor has steadily advanced since 1999, working with orchestras in Norway and abroad. He has previously released two recordings as conductor on the LAWO Classics label: W.A. Mozart (LWC1071) – a recording of Concertos K. 299 and K. 297B – with the Oslo Philharmonic, and Mozart, Hvoslef Sæverud (LWC1100) with oboist David Friedemann Strunck and the Oslo Philharmonic. In 2015 he released Duo Brilliante (LWC1080) as violinist, with double bassist Knut Erik Sundquist and the Norwegian Radio Orchestra.

Arvid Engegård is artistic director of the Lofoten International Chamber Music Festival. In 2000 he received the Nordlys Prize at the Northern Lights Festival in Tromsø, Norway. In 2006 he founded the Engegård Quartet, which performs throughout Europe and is one of Scandinavia's most soughtafter chamber music ensembles.

NILS ANDERS MORTENSEN

PIANO

Nils Anders Mortensen was born in Flekkefjord in 1971. He began playing piano at age three, and in 1986 he won the Norwegian Young Pianist Competition. He studied at the Norwegian Academy of Music, École Normale in Paris, and Hochschule für Musik und Theater in Hannover with Einar Steen-Nøkleberg. Other important teachers have been Tatjana Nikolajeva and Hans Leygraf.

In 1996 Nils Anders Mortensen was the recipient of the prestigious Concerts Norway 'Debutant of the Year' award. He has won international prizes and grants. In 1998 he won the Mozarteum Prize in Salzburg. In 2004 Mortensen received the Robert Levin Memorial Prize.

Mortensen has appeared as soloist with Norway's leading orchestras. He recorded piano concertos of Geirr Tveitt with Stavanger Symphony Orchestra. His first solo album Im Freien (LWC1032), featuring music of Debussy, Grieg, and Bartok, was released in 2012 to glowing reviews. In 2015 Mortensen released the solo recording In finstrer Mitternacht (LWC1084), featuring music of Brahms, and Tundra (LWC1092), a recording of Russian music, with double bassist Knut Erik Sundquist. He has also released five recordings with mezzo-soprano Marianne Beate Kielland on the LAWO Classics label: Früh (LWC1033), Sæle jolekveld (LWC1040), Grieg (LWC1059), Young Elling (LWC1072), and The New Song (LWC1097).



